

TRANSPORTATION

City Go Bus	(785) 826-1583
Kancare-Amerigroup Member Medical Transportation	(800) 600-4441
Kancare Sunflower Member Medical Transportation	(877) 644-4623
Kancare United Healthcare Member Medical Transportation	(877) 542-9238
My Bike Kansas.....	(785) 577-5802
OCCK Paratransit.....	(785) 826-1583

VIOLENT BEHAVIOR

Child Advocacy & Parenting Services (CAPS)	(785) 825-4493
Central Kansas Foundation	www.c-k-f.org (785) 825-6224
Central Kansas Mental Health Center	www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies	(785) 823-6324 or (866) 823-6380
Domestic Violence Assoc. of Central KS (DVACK).....	(800) 874-1499 or (785) 827-5862
Department of Children and Families (DCF).....	(785) 826-8000
Veridian Behavioral Health, Inc	(785) 452-4930 or (800) 284-6027

VOLUNTEERING

Big Brothers Big Sisters of Salina	www.bbbssalina.org (785) 825-5509
Community Access Television of Salina, Inc	(785)823-2500
Habitat for Humanity	(785) 823-9331
Salina Public Library	www.salpublib.org (785) 825-4624
The Volunteer Connection.....	volcor@nckvs.org (785) 823-3128
The Salina Family YMCA	www.salinaymca.com (785) 825-2151
Salina Area United Way	(785) 827-1312

YOUTH DEVELOPMENT ORGANIZATIONS

Boy Scouts of America	www.coronadoscout.org (785) 827-4461
Girl Scouts of Kansas Heartland	www.kansasgirlscouts.org (785) 827-3679
4-H Youth Development.....	www.centrankansas.ksu.edu (785) 309-5850
The City.....	www.thecityonthenet.com (785) 827-2203
The Salina Family YMCA	www.salinaymca.com (785) 825-2151
Big Brothers Big Sisters	www.bbbssalina.org (785) 825-5509
The Salvation Army.....	(After school program) (785) 823-2251



SALINA FAMILY HEALTHCARE CENTER

“Yellow Pages”

CHILD CARE

Child Care Aware of Kansas	(785) 823-3343
Martin Luther King, Jr. Child Development Center	(785) 827-3841
Salina Child Care Association.....	(785) 827-6431
Salina/Saline County Health Department	(785) 826-6600
Salina Family YMCA.....	(785) 825-2151

CHILD DEVELOPMENT

Child Advocacy & Parenting Services (CAPS)	www.caps@salhelp.org (785) 825-4493
Heartland Programs.....	www.usd305.com/headstart (785) 309-5000
Infant Child Development Program.....	(785) 452-6050

CLOTHING

Ashby House-Free Store	(785) 826-4935
Bargain Basket.....	(785) 826-9042
DAV Thrift Store	(785) 827-6477
First Presbyterian Church.....	(785) 825-0226
Goodwill Industries.....	(785) 827-8944
Salvation Army Thrift Store.....	(785) 823-1409
Catholic Charities.....	(785) 825-0208

DISABILITY SUPPORT SERVICES

Choices Network, Inc	www.choicesnetwork.net (785) 820-8018
Disability Planning Organization of Kansas.....	www.dpok.com (785) 823-3173
Independent Connection, Inc (OCCK)	(785) 452-9580
OCCK, Inc	www.occk.com (785) 827-9383
AMBUCS.....	Noonambucs.com

DRUGS / ALCOHOL

Central Kansas Foundation	www.c-k-f.org (785) 825-6224
USD 305 Prevention Specialist	(785) 309-4728
Innovative Solutions.....	(785) 452-9200
Ashby House.....	(785) 826-4935
Saint Francis.....	(785) 827-8944

EATING DISORDERS *For information regarding treatment of anorexia nervosa or bulimia*

Central Kansas Mental Health Center	www.ckmhc.org (785) 823-6322 or (800) 794-8281
After hour Emergencies.....	(785) 823-6324 or (866) 823-6380
Salina/Saline County Health Department	(785) 826-6600
Veridian Behavioral Health, Inc.....	(785) 452-4930 or (800) 284-6027

EDUCATION *For non-traditional high school degree or equivalency or financial education*

Salina Adult Education Center	www.usd305.com/SAEC (785) 309-4660
Smoky Hill Education Service Center	(785) 825-9185
The Learning Center.....	(785) 825-0435
Catholic Charities.....	(785) 825-0208

EMPLOYMENT / JOB TRAINING

KANSASWORKS	www.kansasworkforceone.org (785) 827-0385
North Central Workforce Solutions, OCCK, Inc.....	(785) 827-9383 x 176
Vocational Rehabilitation (DCF).....	(785) 826-8000
Express Employment.....	(785) 825-4545
Team Employment.....	(785) 826-1848
The Arnold Group.....	(785) 827-8944

EXERCISE / PHYSICAL ACTIVITY / WEIGHT LOSS

Salina Parks and Recreation.....www.salina-ks.gov..... (785) 309-5765
 Salina Regional Health Center—Dietician..... (785) 452-7000
 The Salina Family YMCA.....www.salinaymca.com..... (785) 825-2151

FAMILY PROBLEMS / COUNSELING

Catholic Charities.....www.catholiccharitiessalina.org..... (785) 825-0208
 Central Kansas Mental Health Center.....www.ckmhc.org..... (785) 823-6322 or (800) 794-8281
 Child Advocacy & Parenting Services CAPS*..... (785) 825-4493
 Veridian Behavioral Health, Inc..... (785) 452-4930 or (800) 284-6027
 Salina Family Healthcare Center..... (785) 825-7251

FINANCIAL / LEGAL

Consumer Credit Counseling.....www.kscccs.org..... (785) 827-6731
 Emergency-Aid Food Bank..... (785) 827-7111
 Kansas Legal Services..... (785) 825-8147
 Circles of the Heartland, Saline County..... (785) 827-6731

FOOD / NUTRITION

Ashby House-Free Store..... (785) 826-4935
 Catholic Charities..... (785) 825-0208
 Commission on Aging.....(Meals on Wheels, Salina Senior Center)..... (785) 827-9818
 Emergency-Aid Food Bank..... (785) 827-7111
 Emmanuel Foursquare Church..... (785) 825-1943
 Prairie Land Food..... (800) 998-9436
 Salina Rescue Mission ..Free lunch 12:00-12:30 pm, Supper 6:30-7:00 pm, 7 days/wk..... (785) 823-2610
 Salvation Army.....Free supper served 5:00 to 5:45 pm, M-F..... (785) 823-2251
 WIC (Women, Infants & Children) Program..... (785) 826-6602

GENERAL INFORMATION

Department of Children and Family Services (DCF)..... (785) 826-8000
 Salina Area Chamber of Commerce..... (785) 827-9301
 Salina Area United Way..... (785) 827-1312
 2-1-1 Kansas Dial 2-1-1 to learn more about community services

HOUSING

Ashby House..... (785) 826-4935
 Habitat for Humanity..... (785) 823-9331
 Salina Housing Authority..... (785) 827-0441
 Salina Rescue Mission..... (785) 823-2610
 Salina Grace (Call Ashby House or Rescue Mission)..... See Above

INSURANCE

Kancare.....www.kancare.ksorg..... (800) 792-4884
 K-State Extension Office..... (785) 309-5850
 Marketplace Call Center..... (800) 318-2596
 Salina Family Healthcare Center..... (785) 825-7251

THE LAW AND YOU

28th District Community Corrections, Juvenile Intake & Assessment..... (785) 826-6590
 Salina Police Department..... (785) 826-7210
 Saline County Sheriff's Department..... (785) 826-6500 or (785) 826-6502
 STOP UNDERAGE DRINKING—REPORT IT..... (785) 825-TIPS
 State Underage Drinking Report Number..... (866) 687-8221
 Kansas Lawyer Referral Service..... (800) 928-3111

PREGNANCY TESTING & SUPPORT

Catholic Charities.....www.catholiccharitiessalina.org..... (785) 825-0208
 Pregnancy Service Center.....www.pscsalina.com..... (866) 970-6670 or (785) 823-1484
 Salina Family Healthcare Center..... (785) 825-7251
 Child Advocacy & Parenting Services (CAPS)..... (785) 825-4493
 Salina Health Department..... (785) 826-6600

PRESCRIPTION MEDICATION ASSISTANCE

Salina Family Healthcare Center MAP Program..... (785) 825-7251
 Salina Family Healthcare Center Pharmacy..... (785) 452-3900
 Catholic Charities.....www.catholiccharitiessalina.org..... (785) 825-0208
 Salina Food Bank..... (785) 827-7111

RUNAWAYS For shelter and/or support

National Runaway Switchboard..... (800) 786-2929
 28th District Community Corrections, Juvenile Intake & Assessment..... (785) 826-6590

SEXUAL ASSAULT

Central Kansas Mental Health Center.....www.ckmhc.org..... (785) 823-6322 or (800) 794-8281
 After hour Emergencies..... (785) 823-6324 or (866) 823-6380
 Child Advocacy & Parenting Services (CAPS).....Ages 15 & Under..... (785) 825-4493
 Domestic Violence Assoc. of Central KS (DVACK)..... (800) 874-1499 or (785) 827-5862
 (Ages 16 & above) www.dvack@salhelp.org
 Salina Regional Health Center Emergency Dept. SANE/SART..... (785) 452-7095
 Veridian Behavioral Health, Inc..... (785) 452-4930 or (800) 284-6027

SENIOR ASSISTANCE

Department of Veterans Affairs..... (888) 878-6881 ext. 41162
 Kansas Commission on Veterans Affairs..... (785) 823-2862
 Live At Home Solutions..... (785) 823-1767
 Commission on Aging..... (785) 827-9818
 Meals On Wheels..... (785) 823-7555
 Salina Senior Center..... (785) 827-9818
 Salina Food Bank-Senior Box..... (785) 827-7111
 Sunflower Adult Day Services..... (785) 823-6666

SEXUALITY

Central Kansas Mental Health Center.....www.ckmhc.org..... (785) 823-6322 or (800) 794-8281
 After hour Emergencies..... (785) 823-6324 or (866) 823-6380
 GLBTD (Gay, Lesbian, Bi-Sexual & Transgender) Hotline..... (800) 347-8336
 Salina/Saline County Health Department..... (785) 826-6600
 Veridian Behavioral Health, Inc..... (785) 452-4930 or (800) 284-6027

SEXUALLY TRANSMITTED DISEASES (STDs) For STD information, testing, treatment

Salina Family Healthcare Center..... (785) 825-7251
 Salina/Saline County Health Department..... (785) 826-6600
 StatCare Family Medical Clinic—Minor Emergency Medical Center..... (785) 827-6453
 CDC National Hotline..... (800) 232-4636
 CDC Hearing Impaired Hotline..... (800)AIDS-TTY

SMOKING CESSATION

KAN-QUIT..... (800) QUIT-NOW
 Saline County Tobacco Prevention Coalition..... (785) 825-6224

SUICIDE

Central Kansas Mental Health Center.....www.ckmhc.org..... (785) 823-6322 or (800) 794-8281
 After hour Emergencies..... (785) 823-6324 or (866) 823-6380
 National Suicide Prevention Lifeline..... (800) 784-2433 or (800) SUICIDE
 Veridian Behavioral Health, Inc..... (785) 452-4930 or (800) 284-6027

TEEN PARENTING

Child Advocacy & Parenting Services (CAPS).....www.caps@salhelp.org..... (785) 825-4493
 Heartland Programs.....www.usd305.com/headstart..... (785) 309-5000
 Pregnancy Service Center.....www.pscsalina.com..... (866) 970-6670 or (785) 823-1484
 Salina Regional Health Center..... (785) 452-7000
 Salina/Saline County Health Department..... (785) 826-6600
 Well Child/Woman Infant Child (WIC)..... (785) 826-6602